

## Telephone Numbers:

Every state has a "State Health Insurance Assistance Program" (SHIP) like HIICAP. These programs help Medicare beneficiaries and their families with their health insurance choices and with problems that might arise. Here is a list of Telephone Numbers for contacting SHIPs.

All State Health Insurance Assistance Programs are available by telephone. All toll free numbers are for in-state only, unless otherwise indicated.

State or Territory	Telephone Number
Alabama	(800) 243-5463 (334) 242-5743
Alaska	(800) 478-6065 (907) 269-3680
American Samoa	(808) 586-7299
Arizona	(800) 432-4040 (All States)
Arkansas	(800) 224-6330 (501) 371-2782
California	(800) 434-0222 (916) 323-6525
Colorado	(800) 544-9181 (303) 894-7499 x 356
Connecticut	(800) 994-9422 (860) 424-5245
Delaware	(800) 336-9500 (302) 739-6266
District of Columbia	(202) 676-3900
Florida	(800) 963-5337 (850) 414-2060
Georgia	(800) 669-8387
Guam	(808) 586-7299
Hawaii	(808) 586-7299
Idaho	Boise: (800) 247-4422 (208) 334-4350 Lewiston: (800) 488-5725 (208) 799-5075 Twin Falls: (800) 488-4309 (208) 736-4713 Pocatello: (800) 488-5764 (208) 236-6044

Illinois	(800) 548-9034 (217) 782-0004
Indiana	(800) 452-4800 (317) 233-3475
Iowa	(800) 351-4664 (All States)
Kansas	(800) 860-5260 (316) 337-7386
Kentucky	(502) 564-7372
Louisiana	(800) 259-5301 (225) 342-5301
Maine	(800) 262-2232 (207) 624-5335
Maryland	(800) 243-3425 (410) 767-1100 TTY: (410) 767-1083
Massachusetts	(800) 882-2003 (617) 727-7750 TTY: (800) 872-0166
Michigan	(800) 803-7174 (All States & Canada)
Minnesota	(800) 333-2433 (All States)
Mississippi	(800) 948-3090 (All States)
Missouri	(800) 390-3330 (All States)
Montana	(800) 332-2272 (406) 444-7781
Nebraska	(800) 234-7119 (All States)
Nevada	(800) 307-4444 (All States) (702) 486-3478
New Hampshire	(800) 852-3388 (603) 225-9000
New Jersey	(800) 792-8820
New Mexico	(800) 432-2080 (505) 827-7640
New York	(800) 333-4114 (Excluding New York City) (212) 869-3850
North Carolina	(800) 443-9354 (919) 733-0111
North Dakota	(800) 247-0560 (701) 328-2440
Northern Mariana	(808) 586-7299

Islands	
Ohio	(800) 686-1578 (614) 644-3399
Oklahoma	(800) 763-2828 (405) 521-6628
Oregon	(800) 722-4134 (503) 947-7263
Pennsylvania	(800) 783-7067 (717) 783-8975
Puerto Rico	(800) 981-4355 (787) 721-8590
Rhode Island	(800) 322-2880 (401) 222-2858
South Carolina	(800) 868-9095 (803) 253-6177
South Dakota	Statewide: (800) 822-8804 Pierre: (605) 733-3656 Sioux Falls: (605) 773-3656 Rapid City: (605) 342-3494
Tennessee	(800) 525-2816 (Tennessee ONLY) (615) 741-4955
Texas	(800) 252-9240 (All States)
Utah	(800) 541-7735 (801) 538-3910
Vermont	(800) 642-5119
Virginia	(800) 552-3402
Virgin Islands	(809) 778-6311 x 2338
Washington	(800) 397-4422 (206) 654-1833
West Virginia	(800) 642-9004 (304) 558-3317
Wisconsin	(800) 242-1060 (608) 267-3201
Wyoming	(800) 856-4398 (307) 856-6880